

For adults with anti-AChR antibody positive generalized myasthenia gravis (gMG)
AChR=acetylcholine receptor; gMG=generalized myasthenia gravis

My VYVGART® Path

VYVGART® Hytrulo
(efgartigimod alfa and hyaluronidase-qvfc)
Subcutaneous Injection
180 mg/mL and 2000 U/mL vial

VYVGART®
(efgartigimod alfa-fcab)
Injection for Intravenous Use
400 mg/20 mL vial

CONVERSATION TIPS

Considerations for talking to your employer and coworkers about gMG and treatment

Your health is a personal matter. Everyone's workplace situation is different, and everyone has a different comfort level about how much they are willing to share with their employer and coworkers—and that's okay! Use these tips to help navigate conversations in the workplace.

Information provided in this document is not intended or implied to be directions on what to tell your employer.



SELECT IMPORTANT SAFETY INFORMATION

Do not use VYVGART if you have a serious allergy to efgartigimod alfa or any of the other ingredients in VYVGART. Do not use VYVGART HYTRULO if you have a serious allergy to efgartigimod alfa, hyaluronidase, or any of the other ingredients in VYVGART HYTRULO. VYVGART and VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Please see Important Safety Information throughout. Please see the full Prescribing Information for **VYVGART for IV infusion** and **VYVGART HYTRULO for subcutaneous injection**.

Providing education about gMG and treatment

Key facts to raise awareness and empathy

You may choose to provide your employer with a high-level understanding of gMG to foster awareness and empathy among those at your workplace. You might say:

“I want to tell you that I have generalized myasthenia gravis, or gMG. It’s a rare, autoimmune disorder that affects the nerves and muscles. There is no cure, but I am on treatment that helps control my symptoms.”



Share symptoms and emergency contact information

You may wish to share the common symptoms of gMG or the ones that affect you. If there are symptoms that you think may require the attention or help of others, you may want to tell your employer so they can be alert or call your emergency contact. You may say something like this:

“Sometimes my gMG can cause blurry vision or make me feel extra tired. Sometimes the muscles in my hands and face get weak, so if you ever notice these signs, please let me know. I also want to share my emergency contact information with you in case you ever need it.”

Quick facts about VYVGART treatment

You may want to explain what VYVGART is, how it works, and when and how you receive it. You might say something like this:



“To help with my gMG symptoms, I get VYVGART at an infusion center. I continually work with my healthcare team on my treatment schedule, so I might need to miss work to get my treatments if my doctor says I need it.”

Here’s a video that explains how VYVGART works.

gMG=generalized myasthenia gravis

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects in efgartigimod-alfa-fcab-treated patients were respiratory tract infection, headache, and urinary tract infection. Additional common side effects with VYVGART HYTRULO are injection site reactions, including rash, redness of the skin, itching sensation, bruising, pain, and hives.

Please see Important Safety Information throughout. Please see the full Prescribing Information for VYVGART for IV infusion and VYVGART HYTRULO for subcutaneous injection.

Requesting accommodations in the workplace

Your gMG symptoms may fluctuate. If you decide to request certain accommodations that may help you in the workplace, you may consider talking to both your manager and HR. These could include things like providing scheduled breaks, flexible work options, accommodations for visual needs, access to water for hydration, and physical rest. You might say:

“My doctor said I am cleared to work, but these are the types of things that I think could help me.”

It’s normal to be worried about your employer questioning or denying requests, but you can prepare for these conversations by staying confident and calm.

“I’m doing my best at work while having gMG. I’d like to find a plan that works for everyone.”

Consider letting your employer know the importance of your doctor visits and that you will do your best to plan ahead. For example, you might say:

“I may need to go to my doctor more often at the beginning until I get my dosing schedule figured out. I’ll do my best to plan for visits, but sometimes they may be last-minute.”

➔ **Remember: everyone’s workplace situation is different – you can modify these tips as you see fit.**



gMG=generalized myasthenia gravis

Visit [VYVGART.com/glossary](https://www.vyvgart.com/glossary) for a glossary of terms.

SELECT IMPORTANT SAFETY INFORMATION

VYVGART and VYVGART Hytrulo can cause allergic reactions such as rashes, swelling under the skin, and shortness of breath. Hives were also observed in patients treated with VYVGART HYTRULO. Serious allergic reactions, such as trouble breathing and decrease in blood pressure leading to fainting have been reported with efgartigimod alfa-fcab.

Please see Important Safety Information throughout. Please see the full Prescribing Information for [VYVGART for IV infusion](#) and [VYVGART HYTRULO for subcutaneous injection](#).

Navigating company policies and insurance

Questions for HR

Human Resources or someone in operations may be able to help you with questions related to insurance, company policies, time off, and medical leave.

“What is the company policy for [medical leave, remote work, disability]? Also, when is open enrollment so I can figure out the best healthcare plan for me?”

As you navigate your discussions with your employer, **here is a guide** that may help you understand the insurance process and how the team at My VYVGART Path may assist you in accessing VYVGART.



Your Nurse Case Manager is here to help you navigate these conversations... and more

Call 1-833-MY-PATH-1
(1-833-697-2841) for support today.

Information provided by Nurse Case Managers is not intended to be a substitute for professional medical advice. Always consult with a qualified healthcare provider regarding your healthcare needs.

SELECT IMPORTANT SAFETY INFORMATION

Tell your doctor if you have signs or symptoms of an infection, allergic reaction, or infusion-related reaction. These can happen while you are receiving your VYVGART or VYVGART HYTRULO treatment or afterward. Your doctor may need to pause or stop your treatment. Contact your doctor immediately if you have signs or symptoms of a serious allergic reaction.

Please see Important Safety Information throughout. Please see the full Prescribing Information for VYVGART for IV infusion and VYVGART HYTRULO for subcutaneous injection.

IMPORTANT SAFETY INFORMATION

Do not use VYVGART if you have a serious allergy to efgartigimod alfa or any of the other ingredients in VYVGART. Do not use VYVGART HYTRULO if you have a serious allergy to efgartigimod alfa, hyaluronidase, or any of the other ingredients in VYVGART HYTRULO. VYVGART and VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

VYVGART and VYVGART HYTRULO may cause serious side effects, including:

- **Infection.** VYVGART and VYVGART HYTRULO may increase the risk of infection. The most common infections for efgartigimod alfa-fcab-treated patients were urinary tract and respiratory tract infections. Signs or symptoms of an infection may include fever, chills, frequent and/or painful urination, cough, pain and blockage of nasal passages/sinus, wheezing, shortness of breath, fatigue, sore throat, excess phlegm, nasal discharge, back pain, and/or chest pain.
- **Allergic Reactions (hypersensitivity reactions).** VYVGART and VYVGART HYTRULO can cause allergic reactions such as rashes, swelling under the skin, and shortness of breath. Hives were also observed in patients treated with VYVGART HYTRULO. Serious allergic reactions, such as trouble breathing and decrease in blood pressure leading to fainting have been reported with efgartigimod alfa-fcab.
- **Infusion-Related Reactions.** VYVGART and VYVGART HYTRULO can cause infusion-related reactions. The most frequent symptoms and signs reported with efgartigimod alfa-fcab were high blood pressure, chills, shivering, and chest, abdominal, and back pain.

Tell your doctor if you have signs or symptoms of an infection, allergic reaction, or infusion-related reaction. These can happen while you are receiving your VYVGART or VYVGART HYTRULO treatment or afterward. Your doctor may need to pause or stop your treatment. Contact your doctor immediately if you have signs or symptoms of a serious allergic reaction.

Before taking VYVGART or VYVGART HYTRULO, tell your doctor if you:

- take any medicines, including prescription and non-prescription medicines, supplements, or herbal medicines,
- have received or are scheduled to receive a vaccine (immunization), or
- have any allergies or medical conditions, including if you are pregnant or planning to become pregnant, or are breastfeeding.

What are the common side effects of VYVGART and VYVGART HYTRULO?

The most common side effects in efgartigimod-alfa-fcab-treated patients were respiratory tract infection, headache, and urinary tract infection. Additional common side effects with VYVGART HYTRULO are injection site reactions, including rash, redness of the skin, itching sensation, bruising, pain, and hives.

These are not all the possible side effects of VYVGART and VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to the US Food and Drug Administration at 1-800-FDA-1088.

What is VYVGART® (efgartigimod alfa-fcab) for intravenous (IV) infusion and what is VYVGART® HYTRULO (efgartigimod alfa and hyaluronidase-qvfc) for subcutaneous injection?

VYVGART and VYVGART HYTRULO are both prescription medicines, each used to treat a condition called generalized myasthenia gravis, which causes muscles to tire and weaken easily throughout the body, in adults who are positive for antibodies directed toward a protein called acetylcholine receptor (anti-AChR antibody positive).

Please see the full Prescribing Information for VYVGART and the full Prescribing Information for [VYVGART HYTRULO](#), and talk to your doctor.

Ideas for my next conversation

Resources to share with employers and coworkers



Patient emergency contact card

Use this card to share treatment information and key contacts in the case of an emergency.



VYVGART brochure

Share this brochure that contains important information about how treatment works, effectiveness and safety data, dosing, and more.



How VYVGART treats gMG

Encourage others to [watch a video](#) that explains how gMG affects the body and how VYVGART works.

My VYVGART® Path

VYVGART® Hytrulo
(efgartigimod alfa and hyaluronidase-qvfc)
Subcutaneous Injection
180 mg/mL and 2000 U/mL vial

VYVGART®
(efgartigimod alfa-fcab)
Injection for Intravenous Use
400 mg/20 mL vial

VYVGART is a registered trademark of argenx.
VYVGART Hytrulo is a trademark of argenx.
For U.S. audiences only.
©2024 argenx US-VYV-24-00104 V1 06/2024

